



# **TuCC SAFETY POLICY**

## **1. GENERAL POLICY STATEMENT**

TuCC undertakes to endeavour to do right voluntarily and to observe codes of safe practice that are applicable to a canoe club. It is our policy to create and maintain a safe and healthy place for recreation, and a safe environment for members training, instruction and guidance. The safety statement is in writing. Club members shall be made aware of the hazards and risks, be able to identify them and to take necessary precautions. Canoeing and Kayaking is an adventure sport and members have a duty to act in a safe manner and to co-operate by:

- ❑ Taking reasonable care for their own safety, the safety of other club members and visitors
- ❑ Adhering in all circumstances to club rules and guidelines
- ❑ Wearing a helmet, safety equipment and buoyancy aid
- ❑ Reporting any dangerous incident including an accident, which causes or may cause an injury or damage.

## **2. RESPONSIBILITIES**

Chairman is responsible for

- ❑ Monitoring safety
- ❑ Reviewing the plan as required
- ❑ Ensuring committee members are aware of the policy

Club members are required to

- ❑ Be proactive on safety through their own behaviour
- ❑ Avoid acts or omissions which may cause unsafe situations
- ❑ Report defects in equipment or facilities to the site officer
- ❑ Report any incidents of bullying or of inappropriate behaviour to the Children's Officer

- ❑ Co-operate with all arrangements
- ❑ Wear a helmet, protective clothing and buoyancy aid
- ❑ Adhere to club rules

### **3. FLATWATER IN TULLAMORE TOWN**

#### Risk

- ❑ Risk of minor injury
- ❑ Risk of serious injury
- ❑ Drowning
- ❑ Water borne diseases

#### Arrangements made

- ❑ Members should paddle in groups of three or more
- ❑ Buoyancy should be present in boat
- ❑ Personal buoyancy aid, protective clothing and helmet should be worn at all times
- ❑ ICU guidelines on instructor / pupil ratios adhered to

#### Resources provided

- ❑ First aid kit & accident log book
- ❑ Access to training in first aid
- ❑ Access to training in rescue techniques

### **4. CLUB TRIPS TO WHITEWATER RIVERS**

#### Risk

- ❑ Risk of minor injury sustained on land or water
- ❑ Risk of serious injury on land or water
- ❑ Drowning
- ❑ Water borne diseases

#### Arrangements made

- ❑ Members should paddle in groups of three or more
- ❑ Buoyancy should be present in boat
- ❑ Personal buoyancy aid, protective clothing and helmet should be worn
- ❑ Experienced leaders with each group on the river

#### Resources provided

- ❑ Leaders with experience of rescue
- ❑ Leaders with First Aid qualifications
- ❑ Leaders with a high standard of personal qualifications
- ❑ Leaders with instructors qualifications
- ❑ Split/ spare paddlers and first aid kit

## 5. JUNIORS

### Risk

- ❑ Risk of minor injury sustained on land or water
- ❑ Risk of serious injury on land or water
- ❑ Drowning
- ❑ Exposure to inappropriate behaviour
- ❑ Water borne diseases

### Arrangements made

- ❑ Members should paddle in groups of three or more
- ❑ Buoyancy should be present in boat
- ❑ Personal buoyancy aid, protective clothing and helmet should be worn
- ❑ All incidents to be reported to Children's Officer
- ❑ Contact details for Children's Officer to be made available to all members
- ❑ Experienced leaders with each group on the river
- ❑ Appropriate youth Leaders appointed
- ❑ Children / Parent guidelines issued
- ❑ Leaders guidelines issued
- ❑ Disciplinary team to be convened

### Resources provided

- ❑ Leaders with experience of rescue
- ❑ Leaders with REC qualifications
- ❑ Leaders with high standard of personal qualifications
- ❑ Leaders with instructors qualifications
- ❑ Children's Officer
- ❑ Forms to be completed by parents / children
- ❑ All leaders working with children to complete Leaders form
- ❑ Club commitment to providing a safe environment to be displayed on club website
- ❑ Where possible, suitable changing facilities will be provided

## 11. IMPORTANT CONTACT DETAILS

Emergency	Ambulance Fire Brigade	999 or 112
Gardai	Tullamore Garda Station	057 932 7600
Closest Hospital	Tullamore Regional Hospital	057 932 1868
Taxi	Macs Cabs	057 935 1111
Childrens Officer	James Mc Glynn	086 333 2134
Chairman	James Joyce	086 825 8319
Secretary	John Brady	086 163 7509
Treasurer	Siobhan Cockbill	087 900 9613
Open Canoe Training Officer	Mary Young	087 959 5288
Safety Officer	John Brady	086 163 7509
Kayak Training Officer	Van Gillessen	086 389 5579
Youth Officer	Eoin Farrell	087 691 1523
Polo Officer	Van Gillessen	086 389 5579
Site Development Officer	James Joyce	086 825 8319
Social Officer	Mary Young	087 959 5288
TUCC General Information	Recorded message	086 801 3072